

Amendments to the Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-36 (CANCELLED)

37. (NEW) A method for viewing an associated object which comprises

providing a framework (8;40) and first (1) and a second (2) mirrors;

arranging the mirrors such that they render an optical path reaching from an associated object towards a reflective surface (4) of the first mirror (1), then further to a reflective surface (5) of the second mirror (2), and then to the eyes of a person,

positioning the framework and the mirrors at a distance from and in front of the upper part of the body of a person having the upper part of his body substantially upright and holding his hands in a position in front of the upper part of his body, and

adjusting the positions of the mirrors such that the optical path reaches from the hands of the person towards the reflective surface (4) of the first mirror (1), then further to the reflective surface (5) of the second mirror (2), and then to the eyes of the person, thereby making it possible for the person to see his hands having his head upright and his eyes directed substantially forward.

38. (NEW) A method according to claim 37, further comprising positioning the first (1) and second (2) mirrors, such that the portion of the optical path that extends between the reflective surface (5) of the second mirror (2) and the eyes of the person passes above the first mirror (1).

39. (NEW) A method according to claim 37, wherein the arranging step further includes providing vertical adjustability of the mirrors (1, 2) in relation to the framework (8; 40).

40. (NEW) The method according to claim 37, wherein the arranging step further includes providing a mounting wherein each of the mirrors (1, 2) are adjustable to different angular positions relative to the framework (8; 40) and thus relative to a person in a fixed position.

41. (NEW) The method according to claim 37, wherein the arranging step further includes providing an adjustable distance between the mirrors (1, 2).

42. (NEW) The method according to claim 37, wherein the arranging step further includes providing vertically adjustability of the mirrors (1, 2) in relation to each other.

43. (NEW) The method according claim 37, wherein the step of providing a framework device includes providing a holding member (10; 42) arranged to hold the mirrors (1, 2) and arranged to connect to the framework (8; 40).

44. (NEW) The method according to claim 43, wherein the step of providing a holding member includes providing a holding member (10; 42) that is arranged to be vertically adjustable relative to the framework.

45. The method according to claim 44, wherein the step of providing a framework includes providing a framework (8; 40) that includes a longitudinal groove (11a, 11b) for displacement movement and extends substantially vertically.

46. (NEW) The method according to any of the claim 43, wherein the step of providing a holding member includes providing a holding member (10) that is arranged rotatable in relation to the framework (8) around an axis of rotation (14) and that the mirrors (1, 2) are arranged on opposite sides of the axis, such that when rotating in one direction around the axis, the first mirror (1) is raised as the second mirror (2) is lowered, and when rotating in the other direction around the axis, the first mirror (1) is lowered as the second mirror (2) is raised, wherein the mirrors are vertically adjustable in relation to each other by rotating the holding member.

47. (NEW) The method according to claim 45, wherein the step of providing a holding member includes providing a holding member having an axis of rotation (14) that coincides with the groove (11a, 11b), wherein the axis of rotation is displaceable along the groove.

48. (NEW) The method according to claim 46, wherein the step of providing a holding member includes providing a holding member that includes a locking member (15) arranged to lock the axis of rotation (14) and thus to lock the angular position of the holding member (10) relative to the framework (8).

49. (NEW) The method according to claim 48, wherein the step of providing a holding member includes providing a locking member (15) dimensioned and configured to lock the vertical displacement of the holding member (10) and thus at the same time lock the position and the angular position of the holding member relative to the framework (8).

50. (NEW) The method according to any of the claim 43, wherein the step of providing a holding member includes providing a holding member in which the distance between the mirrors (1, 2) is adjustable by at least one of the mirrors being displaceable in relation to the holding member (10).

51. (NEW) The method according to claims 50, wherein at least one mirror (1, 2) is arranged rotatable in relation to the holding member (10) around an axis of rotation (17, 18).

52. (NEW) The method according to claim 51, wherein the step of providing a holding member includes providing at least one locking element (22, 23) arranged to lock the angular position of the mirror relative to the holding member (10) and that the locking element also is arranged to lock the displacement of the mirror relative to the holding member and thus at the same time lock both the position and the angular position of the mirror relative to the holding member.

53. (NEW) The method according to claim 51, wherein the step of providing a holding member includes providing a holding member (10) that includes longitudinal

grooves (20a-20d) for the displacement movement of the mirror relative to the holding member, wherein the axis of rotation (17, 18) of the mirror is displaceable along the groove.

54. (NEW) The method according claim 43, wherein the step of providing a holding member includes mounting the mirrors (1, 2) to be detachable from the holding member (10).